



Super Health, Super You Community Challenge Overview

School communities play an important role in the health of students and teachers. For this reason, our Super Health, Super You Community Challenge wants your class to take action and be superheros for healthy living at your school.

WHO CAN ENTER?

A mentor (teacher, school administrator, or school support staff) can submit an entry on behalf of a team of 2 or more students in grades K-5.

HOW TO ENTER – THREE SIMPLE STEPS!

STEP ONE: OPEN a user account by registering for the challenge. Once you have registered, you will be able to log in and follow the steps to submit your team's entry.

STEP TWO: BE CREATIVE! Fill out the challenge entry form and tell us your team's plan to combat a health-related challenge in your community. You'll need to:

- Identify a **health-related issue/threat/challenge** in your school community you'd like to solve
- Select **which strand** of the challenge it fits into: "Nutrition and Gardens" OR "Physical Activity"
- Answer 4-5 questions to tell us a bit more about your entry that (short answer):
 - Further describe the **problem** your team seeks to solve at the school
 - Identify and describe the **solution** for which your team needs funding
 - Elaborate upon how the solution will be **implemented**, who will **benefit** from it, and **why your team should** win the funding
 - Optional: Pledge to make a healthy change in your students' lives and/or your school community and what exactly that change would be
- Provide a **proposed budget** for your team's implementation strategy (sample budget [here](#))
- *Optional: Submit creative, supporting documentation (e.g. photos, drawings, or other creative materials) helping to make your team's case – no videos, please!*



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STEP THREE: SUBMIT your team's entry by November 26, 2018 at 5pm ET. Don't forget to review our Contest Rules before submitting, as any failure to comply with the rules will result in disqualification.

You can login and edit your team's entry as long as you hit the SAVE button at the bottom of the challenge entry form. Note: once you click SUBMIT, your team's entry is final and **cannot be edited**.

PRIZING

Nutrition and Garden Strand Winner: \$10,000 grant

Physical Activity Strand Winner: \$10,000 grant

Title 1 Winner: \$10,000 grant

One of these winners will also be named the Grand Prize Winner and will receive a Winners' Event at their school in February 2019!

QUESTIONS?

Contact us at superhealthsuperyou@discoveryeducation.com.